

You are helping to change the world at a time  
One woman

Join me for Lunch Appeal,  
Women for Women International,  
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UK REGISTERED CHARITY NUMBER: 1115109



JOIN

WOMEN

FOR LUNCH



# One woman can change anything Many women can change everything

Women for Women International invites you to host a lunch for your friends to help women in war-torn countries throughout the world to rebuild their lives.

## You are helping to build stronger women and stronger nations.

By hosting a lunch you are making a significant difference to the lives of women survivors of conflict.

We have learnt that strengthening women is the most effective path towards creating lasting change and stability within a society. We do this by providing women with financial support, jobs and business skills training, rights awareness and leadership education.

## The Lunch Appeal.

It all starts with you inviting ten friends over for lunch, and asking each of them to donate £10. These friends will then similarly ask ten

friends for lunch – or any other kind of get-together, whether it's dinner, morning coffee, or drinks – and so on.

If every guest goes on to host a lunch then by September 2010, 10,000 people will have raised £1 million for Women for Women International, providing support for thousands more women survivors of war.

It is down to all of us to make this work by encouraging our friends to join us for lunch, and to then host their own lunch. It is a simple but very effective way to make a difference, learn more about what is happening in war-torn countries, and also to have an interesting and enjoyable time with friends.

## What's in your lunch pack

To help you host your lunch and to introduce Women for Women International to your friends, we have included the following in your pack:

- DVD with a six minute film introducing Women for Women International, narrated by Meryl Streep.
- Introductory leaflets to give to each of your friends explaining the work of Women for Women International.
- Guest list form. Please ask each of your guests to fill out their name and contact details so that we can send them lunch packs for their events.
- Donation form. When you have collected the £10 lunch donations from your friends we ask that you complete the form and make out a total cheque for £100 or supply your bank details. If you are a UK tax payer we can claim an extra £25 for every £100 raised so please tick the relevant box as this will also help to make a big difference.

You can also download this pack:

[www.womenforwomen.org/  
getinvolveduk](http://www.womenforwomen.org/getinvolveduk)

## After your lunch...

You can make payments online at: [www.womenforwomen.org/  
donateuk](http://www.womenforwomen.org/donateuk)

And email your completed guest list to: [supportuk@womenforwomen.org](mailto:supportuk@womenforwomen.org)

Or you can post your donation form, cheque and guest list to:

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London, SE1 0EH.

If you have any questions about your participation, please visit our website at:

[www.womenforwomen.org/  
getinvolveduk](http://www.womenforwomen.org/getinvolveduk)

Email us at:

[supportuk@womenforwomen.org](mailto:supportuk@womenforwomen.org)

Call us on:

**020 7922 7772**

On behalf of all the women we work with in Afghanistan, Bosnia and Herzegovina, Democratic Republic of the Congo, Iraq, Kosovo, Nigeria, Rwanda and Sudan, a very big thank you for hosting a lunch in support of Women for Women International.